**CARE Checklist –: European Journal of Medical Case Reports**

|  |  |  |  |
| --- | --- | --- | --- |
| **Item** | **Topic** | **Checklist item description** | **Line/page** |
| 1 | **Title** | The words “case report” should be in the title along with the area of focus |  |
| 2 | **Keywords** | Four to seven key words—include “case report” as one of the key words |  |
| 3a | **Abstract** | **Background:** What does this case report add to the medical literature?  |  |
| 3b | **Case Presentation:** chief complaint, diagnoses, interventions, and outcomes |  |
| 3c | **Conclusion:** What is the main “take-away” message from this case? |  |
| 4 | **Introduction/background** | The current standard of care and contributions of this case—with references (1-2 paragraphs) |  |
| 5 | **Timeline** | Information from this case report organized into a timeline (table or figure) |  |
| 6a | **Patient Information** | De-identified demographic and other patient or client specific information |  |
| 6b | Chief complaint—what prompted this visit? |  |
| 6c | Relevant history including past interventions and outcomes |  |
| 7 | **Physical Exam** | Relevant physical examination findings |  |
| 8a | **Diagnostic** | Evaluations such as surveys, laboratory testing, imaging, etc. |  |
| 8b | **Assessment** | Diagnostic reasoning including other diagnoses considered and challenges  |  |
| 8c | Consider tables or figures linking assessment, diagnoses and interventions  |  |
| 8d | Prognostic characteristics where applicable |  |
| 9a | **Interventions** | Types such as life-style recommendations, treatments, medications, surgery |  |
| 9b | Intervention administration such as dosage, frequency and duration |  |
| 9c | Note changes in intervention with explanation |  |
| 9d | Other concurrent interventions |  |
| 10a | **Follow-up and**  | Clinician assessment (and patient or client assessed outcomes when appropriate) |  |
| 10b | **Outcomes** | Important follow-up diagnostic evaluations |  |
| 10c | Assessment of intervention adherence and tolerability, including adverse events |  |
| 11a | **Discussion** | Strengths and limitations in your approach to this case |  |
| 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)  |  |
| 11c | How does this case report suggest a testable hypothesis? |  |
| 11d | Conclusions and rationale  |  |
| 12 | **Patient Perspective** | When appropriate include the assessment of the patient or client on this episode of care |  |
| 13 | **Informed Consent** | Informed consent from the person who is the subject of this case report |  |
| 14 | **Additional Information** | Acknowledgement section; Competing Interests (Conflict of Interests statement); IRB approval, (Ethical Committee Approval) when required |  |

**Summary of the case**

|  |  |  |
| --- | --- | --- |
| 1  | **Patient (gender, age)** |  |
| 2  | **Final Diagnosis**  |  |
| 3  | **Symptoms**  |  |
| 4  | **Medications**  |  |
| 5  | **Clinical Procedure**  |  |
| 6  | **Specialty**  |  |