



## CARE Checklist –: European Journal of Medical Case Reports

<b>Topic</b>	<b>Item</b>	<b>Checklist item description</b>	<b>Line/page</b>
<b>Title</b>	<b>1</b>	The words “case report” should be in the title along with the area of focus	2/1
<b>Keywords</b>	<b>2</b>	Four to seven key words—include “case report” as one of the key words	12/1
<b>Abstract</b>	<b>3a</b>	Background: What does this case report add to the medical literature?	4/1
	<b>3b</b>	Case Presentation: chief complaint, diagnoses, interventions, and outcomes	6/1
	<b>3c</b>	Conclusion: What is the main “take-away” message from this case?	9/1
<b>Introduction/background</b>	<b>4</b>	The current standard of care and contributions of this case—with references (1-2 paragraphs)	12/1
<b>Timeline</b>	<b>5</b>	Information from this case report organized into a timeline (table or figure)	
<b>Patient Information</b>	<b>6a</b>	De-identified demographic and other patient or client specific information	
	<b>6b</b>	Chief complaint—what prompted this visit?	
	<b>6c</b>	Relevant history including past interventions and outcomes	
<b>Physical Exam</b>	<b>7</b>	Relevant physical examination findings	
<b>Diagnostic</b>	<b>8a</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	
<b>Assessment</b>	<b>8b</b>	Diagnostic reasoning including other diagnoses considered and challenges	
	<b>8c</b>	Consider tables or figures linking assessment, diagnoses and interventions	
	<b>8d</b>	Prognostic characteristics where applicable	
<b>Interventions</b>	<b>9a</b>	Types such as life-style recommendations, treatments, medications, surgery	
	<b>9b</b>	Intervention administration such as dosage, frequency and duration	
	<b>9c</b>	Note changes in intervention with explanation	

	<b>9d</b>	Other concurrent interventions	
<b>Follow-up and</b>	<b>10a</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	
<b>Outcomes</b>	<b>10b</b>	Important follow-up diagnostic evaluations	
	<b>10c</b>	Assessment of intervention adherence and tolerability, including adverse events	
<b>Discussion</b>	<b>11a</b>	Strengths and limitations in your approach to this case	
	<b>11b</b>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	
	<b>11c</b>	How does this case report suggest a testable hypothesis?	
	<b>11d</b>	Conclusions and rationale	
<b>Patient Perspective</b>	<b>12</b>	When appropriate include the assessment of the patient or client on this episode of care	
<b>Informed Consent</b>	<b>13</b>	Informed consent from the person who is the subject of this case report	
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; Competing Interests (Conflict of Interests statement); IRB approval, (Ethical Committee Approval) when required	

### Summary of the case

<b>Patient (gender, age)</b>	1	Female, 40 year old
<b>Final Diagnosis</b>	2	Catastrophic Anti-Phospholipid Syndrome APLS
<b>Symptoms</b>	3	Severe upper right quadrant pain, nausea, vomiting
<b>Medications</b>	4	Methyprednisolone, Heparin, IV immunoglobulin
<b>Clinical Procedure</b>	5	Methyprednisolone 1.5mg/kg and plasmapheresis commenced immediately, IV immunoglobulin 1mg/kg given for 2days, heparin infusion started with target APTT 60-70 Sec with close monitoring of blood count
<b>Specialty</b>	6	Immunology
<b>MeSH Keywords</b>	7	antiphospholipid syndrome, adrenal hemorrhage, case report, anticoagulant therapy, bilateral hemorrhage