



CARE Checklist –: European Journal of Medical Case Reports

This is a sample only, please download the WORD version of the checklist from the DOWNLOAD section available at the footer of the EJMCR website.

Item	Topic	Checklist item description	Line/page
1	Title	The words “case report” should be in the title along with the area of focus	2/1
2	Keywords	Four to seven key words—include “case report” as one of the key words	12/1
3a	Abstract	Background: What does this case report add to the medical literature?	4/1
3b		Case Presentation: chief complaint, diagnoses, interventions, and outcomes	6/1
3c		Conclusion: What is the main “take-away” message from this case?	9/1
4	Introduction/background	The current standard of care and contributions of this case—with references (1-2 paragraphs)	12/1
5	Timeline	Information from this case report organized into a timeline (table or figure)	Continue filling down ↓.
6a	Patient Information	De-identified demographic and other patient or client specific information	
6b		Chief complaint—what prompted this visit?	
6c		Relevant history including past interventions and outcomes	
7	Physical Exam	Relevant physical examination findings	
8a	Diagnostic	Evaluations such as surveys, laboratory testing, imaging, etc.	
8b	Assessment	Diagnostic reasoning including other diagnoses considered and challenges	
8c		Consider tables or figures linking assessment, diagnoses and interventions	
8d		Prognostic characteristics where applicable	Write N/A if not applicable
9a	Interventions	Types such as life-style recommendations, treatments, medications, surgery	
9b		Intervention administration such as dosage, frequency and duration	
9c		Note changes in intervention with explanation	

9d		Other concurrent interventions	
10a	Follow-up and	Clinician assessment (and patient or client assessed outcomes when appropriate)	
10b	Outcomes	Important follow-up diagnostic evaluations	
10c		Assessment of intervention adherence and tolerability, including adverse events	
11a	Discussion	Strengths and limitations in your approach to this case	
11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	
11c		How does this case report suggest a testable hypothesis?	
11d		Conclusions and rationale	
12	Patient Perspective	When appropriate include the assessment of the patient or client on this episode of care	
13	Informed Consent	Informed consent from the person who is the subject of this case report	
14	Additional Information	Acknowledgement section; Competing Interests (Conflict of Interests statement); IRB approval, (Ethical Committee Approval) when required	

Summary of the case

1	Patient (gender, age)	Female, 40 year old
2	Final Diagnosis	Catastrophic Anti-Phospholipid Syndrome APLS
3	Symptoms	Severe upper right quadrant pain, nausea, vomiting
4	Medications	Methyleprednisolone, Heparin, IV immunoglobulin
5	Clinical Procedure	Methyleprednisolone 1.5mg/kg and plasmapheresis commenced immediately, IV immunoglobulin 1mg/kg given for 2days, heparin infusion started with target APTT 60-70 Sec with close monitoring of blood count
6	Specialty	Immunology